



## Bowling Makes Wednesday our Favorite Day!

Nutmeg Bowling Lanes come alive when our gang arrives for its weekly bowling outing.

Teams line up and cheer each other on as we take turns trying to beat our best score. Bowling is a great activity because we get some exercise while we are learning and practicing skills like waiting (two people bowl at a time), counting (how many pins are there now?) adding (scoring each turn), reading (the score board and signs), team work (cheering our team mates), social behaviors (we are in the alley with other people) and following directions (taking shoes off when it is time to leave).

We also work on safety skills such as exiting the van safely in a parking lot; looking for cars when walking from van to door; staying with the group and using the bowling equipment properly. All this learning while we are having fun!



## Save the Date March 9<sup>th</sup>

St. Catherine Center is participating in Fairfield County's Community Foundation Giving Day on March 9<sup>th</sup> – and we have big plans. Gifts of any size can make a HUGE difference. Hosted by Fairfield County's Community Foundation, Giving Day is a 24 hour online event to “Give Where You Live” and celebrate our work, and the work of all local nonprofits. We invite you to be a part of this fun, exciting event. Last year, over 13,000 people participated!! All donations will be used to fund activities in the Adult Program. **Watch for the email that gives you the link to GIVE!**

*Thank you Tom Reynolds, Gus's dad, for leading this effort for us. Stay tuned!*

## Upcoming Dates

March 9  
Fairfield County  
Community Foundation  
Giving Day

March 17  
Saint Patrick's Day

March 30  
Special Needs Planning  
Seminar 8:30 pm  
St. Pius X Church  
834 Brookside Drive,  
Fairfield



## Program Note:

When we have inclement weather and need to make an announcement about delay, transportation cancellation or closing, we will post our status on [ctweather.com](http://ctweather.com).



The Maritime  
Aquarium  
AT NORWALK

## Norwalk Maritime Aquarium Gives the Center a Pass

Our entry in the Lighthouse Display earned us free passes for our Center participants to access the Aquarium and IMAX Theater. We are so excited to try them out in March!